**Unit 1 Health and Human Development**

# OUTCOME 1 – SONG OR FILM REVIEW WITH WRITTEN REPORT

***TASK:***

1. You are required to find a song or footage from a film that you think links with one or more of the topics we have been studying so far in HHD. A brief list of topics are:

* Definition of health
* Physical health
* Social health
* Mental health
* Measurement of health status
* Life expectancy
* Incidence and prevalence, trends
* Morbidity, mortality, burden of disease
* Characteristics of
* Physical development
* Social development
* Emotional development
* Intellectual development

1. Once you have chosen an appropriate song or film, you are to save it onto the wiki under the tab on the right hand side of the screen titled**:” Unit 1 Student Work – Outcome 1 Song or Film Clips Saved Here”**
2. You are to present your song/film clip to the class on \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and discuss with them why you chose this piece of media and which aspects of health and human development it represents, and the interrelationships between topics. This class discussion will hopefully help you and give you ideas for the written report, which will be completed in class afterwards.
3. You are required to write a report about the piece you have chosen. Your report must include answers to the following questions:
4. Define health.
5. What are some limitations to this definition?
6. Identify and define the three dimensions of health, and give examples of how these dimensions interrelate.
7. Give examples from the song or film that depicts aspects of health and human development, and their interrelationships.
8. Describe in detail just one of the ways health status can be measured.
9. Describe the four characteristics of development.
10. Create a table similar to one on page 19 of the text for ONE of the developmental milestone s that demonstrates your understanding of the interrelationship between the types of development.
11. Discuss your views about the piece of media, including how you feel about the message it is giving.

***Your report must be a minimum of 800 words. You must put all the information into your own words and reference any books and websites you have used. Your assessment criteria can be found in the Unit 1 Outcome Booklet.***